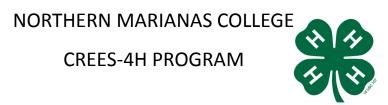
CHEF NAME:			
TREAT NAME:		 	
RECIPE:			
	_		
	-		
STEPS:			





MINI CHEF COMPETITION

NMC-CREES 4H MINI CHEF Competition

RULES & ENTRY FORM

Cook-Off Date: June 27, 2015

Age Group: Open to ages 12-16

Deadline: Entry forms must be submitted by <u>June 27, 2015, 4:00pm</u> at the

CREES Office, NMC Campus, Bldg. F

Prizes: 1st Place, 2nd place and 3rd place

Rules & Criterion:

1. Food item must be prepared on-site with minimal home preparation. No pre-cooked items. One dish/recipe per contestant.

- Cooking and assembly time MUST NOT EXCEED 40 minutes.
- 3. All dishes MUST be prepared and handled according to food safety procedures to prevent food borne illness.
- 4. Dishes must use the main ingredient and other local ingredients that can be found on island.
- Youth participants are allowed one adult assistant for help with sharp and/or hot items.
- Participants must provide their own ingredients, burner, gas, pots, pans, utensils and serving dish. You are responsible for your own plates, utensils and other materials used.
- 7. Dishes will be judged on Taste, Presentation, Use of main ingredient, and Use of local ingredient
- 8. Recipes may be used for outreach educational purposes and/or distribution.
- 9. Failure to comply with rules and criterion will result in automatic disqualification
- 10. Winners will be announced after the competition.

4H PROGRAM MINI CHEF Competition

ENTRY FORM

	Entry #:
CONTESTANT'S NAME:	
Date of Birth/Age:	School:
ADDRESS:	Contact #:
Parent/Guardian Name:	
******	*************
son/daughter to participate in this of assume all risks and responsibilities discharge Northern Marianas Colleg charges and demands and actions of death.	event. I understand the dangers and hazards inherent to this event. I so for my child's participation and do hereby release any liability and see, its regents, officers, faculty and staff from and against all claims, on account of damage to personal properties, personal injury and/or e, photos/images to be used for promotional purposes of NMC-CREES
programs and services.	3, pnotos/images to be used for promotional purposes of NINIC-CREES
By signing below, I agree to be boun	d by all AGRO-Fashion Rules herein:
Participants Name and Signature	Parent Name and Signature

Representative