



CHEF NAME: _____

TREAT NAME: _____

RECIPE:

_____	_____
_____	_____
_____	_____

STEPS:



MINI CHEF COMPETITION

RULES & ENTRY FORM

Cook-Off Date: June 27, 2015

Age Group: Open to ages 12-16

Deadline: Entry forms must be submitted by June 27, 2015, 4:00pm at the CREES Office, NMC Campus, Bldg. F

Prizes: 1st Place, 2nd place and 3rd place

Rules & Criterion:

1. Food item must be prepared on-site with minimal home preparation. No pre-cooked items. One dish/recipe per contestant.
2. Cooking and assembly time **MUST NOT EXCEED 40 minutes.**
3. All dishes **MUST** be prepared and handled according to food safety procedures to prevent food borne illness.
4. Dishes must use the main ingredient and other local ingredients that can be found on island.
5. Youth participants are allowed one adult assistant for help with sharp and/or hot items.
6. Participants must provide their own ingredients, burner, gas, pots, pans, utensils and serving dish. You are responsible for your own plates, utensils and other materials used.
7. Dishes will be judged on Taste, Presentation, Use of main ingredient, and Use of local ingredient
8. Recipes may be used for outreach educational purposes and/or distribution.
9. Failure to comply with rules and criterion will result in automatic disqualification
10. Winners will be announced after the competition.

ENTRY FORM

Entry #: _____

CONTESTANT'S NAME: _____

Date of Birth/Age: _____ School: _____

ADDRESS: _____ Contact #: _____

Parent/Guardian Name: _____

I, _____ parent/guardian of _____ give permission for my son/daughter to participate in this event. I understand the dangers and hazards inherent to this event. I assume all risks and responsibilities for my child's participation and do hereby release any liability and discharge Northern Marianas College, its regents, officers, faculty and staff from and against all claims, charges and demands and actions on account of damage to personal properties, personal injury and/or death.

I give permission for my child's name, photos/images to be used for promotional purposes of NMC-CREES programs and services.

By signing below, I agree to be bound by all AGRO-Fashion Rules herein:

Participants Name and Signature

Parent Name and Signature

Representative